



Year 7				Year 8			
	Wk	Topic	Learning content	Teacher assessment	Topic	Learning content	Teacher assessment
Autumn- 15 weeks	1	Health and wellbeing 1	<p>Identify how one can live a healthy lifestyle and honour our bodies. This unit includes diet, fitness, drugs education, anti-smoking and energy drinks lessons, as well as lessons on knife-crime.</p> <p>Key Vocabulary: Healthy lifestyle, caffeine, nicotine, addiction, stimulant, depressants, knife-crime</p> <p>Should happiness be the purpose of life?</p> <p>Consideration of what it means to be happy and to live a content, moral life. Also reading about how happiness is depicted in the media.</p> <p>Key Vocabulary: Happiness, contentment, moral values, society, citizen, community</p>	End of topic test	Health and wellbeing 1	<p>Explain how smoking and vaping are damaging to your health and consider why we should honour our bodies.</p> <p>Look at ways to maintain healthy bodies and to avoid illnesses such as cancer.</p> <p>Demonstrate accurately new first aid skills.</p> <p>Key Vocabulary: Vaping, smoking, genetic predisposition, personal safety, first aid, longevity</p>	End of topic test
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Spring- 13 weeks	1	Living in the wider world 1	<p>Consider how we can stay safe online and off-line.</p> <p>To explain why both stereotyping and being racist are cruel and unacceptable.</p> <p>Looking at ethical shopping.</p> <p>Key Vocabulary: Self-esteem, aspirations, anti-racism, prejudice, discrimination, internet safety, social media, ethics</p>	End of topic test	Prejudice, values, and extremism 1	<p>Looking at what prejudice and discrimination are. Discussion about equality related to aspects such as race, gender and religion. Also consideration of ageism.</p> <p>Key Vocabulary: Equality, community, respect, acceptance, gender, race, age, religion, discrimination, judgement</p>	End of topic test
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Summer-12 weeks	1	Health and wellbeing 2	<p>Identify how we can manage our mental health and anger.</p> <p>Be aware of what happens to children during puberty.</p> <p>Learning about the dangers of FGM.</p> <p>Key Vocabulary: Toxic relationship, bullying, banter, cyberbullying, British Values</p>	End of topic test	Prejudice, values, and extremism 2	<p>Analyse where prejudice, extremism and racism originate from and why they are still causing problems in Britain today.</p> <p>To consider how we can prevent radicalisation and extremism.</p> <p>Looking at the dangers of prejudice and discrimination.</p> <p>Key Vocabulary: Xenophobia, racism, extremist, radicalisation, capital punishment, prejudice, Islamophobia, LGBT</p>	End of topic test
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